

Welcome home sizzles for New Jersey Soldiers

More than 145 Soldiers from two New Jersey More than 145 Soldiers from two New Jersey National Guard units were welcomed home by friends and family at Fort Dix June 19 after 15 months in Iraq, Staff Sgt. Clinton Valentine of Company D, 250th Brigade Support Battalion, gets a warm greeting from family during the ceremony at the guard's Joint Training and Training Development Center. Company D is based in Bordentown, and shared the homecoming with C Troop, 5-117th Cavalry Division, based in Vineland. The units flew into McGuire Air Force Base from Kuwait early Monday. Soldiers from the two units will go through a variety of demobilization processing through a variety of demobilization processing during the next four days, before being released from active duty. See page 4 for more photos.

Kryn P. Westhoven, DMAVA PAO





Vol. 82, No. 25

Published for the Fort Dix Community since 1942

June 22, 2007

Bosslift shows off mission



CITIZEN-SOLDIER — A Soldier stands guard at the Forward Operating Base as more than existing employment laws protecting introduced to the culinary cuisien of 100 guests get a glimpse at military life during Bosslift '07 at Fort Dix June 15. The event was the rights of workers who serve in the todays field Soldier; Meals-Ready-to-designed to give employers a better appreciation for their employees' military commitments.

disappear for a couple of years.

The nation's Reserve components (referring to the total of all National Guard members and Reserve forces the Guard members and Reserve forces that of the Guard members approximately 46 percent of our total available military manpower.

In this environment, civilian employers play a critical role in the defense of the nation by complying with complex plays and the properties of the mation by complying with the complex plays and the properties of the mation by complying with the properties of the nation by complex to the properties of the nation by complex of the properties of the properties of the nation by complex to the properties of the prope

Carolee Nisbet
Editor promote cooperation and understanding between Reserve component members and their civilian employers of Soldiers and to assist in the resolution of committees the simple, if not easy: tary commitment. It is the lead DoD Valued members of their workforce organization for this mission.

More than 100 guests flooded disappear for a couple of years.

More than 100 guests flooded
Fort Dix partnered with the Embrough Taylor of the Guard and Reserve June 15 to fill in the blanks with ting and a series of briefings designed
a day-long, hands-on look at training
and mobilization.

The nation's Reserve components
The trip to the Range 59 Complex



Team Dix ready to rock n'roll

Tony Soprano that every year should be 1954, then Team Dix has

should be 1954, then Team Dix has a treat for you. It'll be Rock & Roll on Team Dix Day, Tuesday, June 26, at John Mann Park from 11:30 a.m. to 4 p.m. for employees and Soldiers. The theme of Sarah's Drive-In

The theme of Sarah's Drive-In will be a revel celebrating the 50's. Baby boomers, especially, can get down while younger contempo-raries contemplate the strange so-cial phenomenon of nostalgia run

After all, who can possibly do

After all, wno can possibly do justice to the 1950s?

It was the age of television (Newton Minnow calling the media "a vast wasteland"), tract houses, standardized suburbs, sometimes grotesque-looking automobiles, long skirts, and underrated cine-

long skirts, and underrated cine-matic classics (or "bad movies" in some critics' views).

Team Dix's Rock & Roll will pay homage to all that.

Viringe cars will be in evidence.
And Elvis will even make an ap-pearance. The King is slated to shake in at 1:30 pm. It's not known whether he will listen to song re-quests because, when you're that much of an icon, you tend to sing what you feel like. But Elvis was (continued on page 3)

With a little muffled laughter and a With a little muffled laughter and a lot of good will, Fort Dix and McGuire Air Force Base honored a long-time friend of the military June 22 by naming a street in his honor. With the unveilling of a standard

With the unveiling of a standard brown sign, Cambridge Street became Nick Grand Street.

"I went through basic training at Fort Dix in Company A, 36th Training Battalion," Grand told the group of friends and family who gathered to witness the 9 a.m. event. "and here I'm getting my name on a street."

Grand said he is willing to accept the responsibility of have a street named for him, and has even planned for the future: "Once this ceremony is over, I will be interviewing for street cops and streetsweepers ...," he announced.

announced. announced.

Grand, whose multi-faceted career includes a stint as Public Affairs Officer at Lakehurst Naval Air Station, ownership of a radio station and a heavy commitment as an almost daily volunteer for the Employer Support of the Guard and Reserve program at of the Guard and Reserve program at Fort Dix, has been link between the community and the military for more than 60 years. He now serves mobiliz-ing and demobilizing Soldiers at Fort Dix by ensuring that they are aware of

in relation to their civilian jobs. in relation to their civilian jobs.
"I've only known Nick for three years, but it's been an interesting time," said Col. Dave McNeil, installation commander. "There is no one more dedicated, no one who cares more about our military. There are no words or deeds that could come close to repaying the debt we owe this man."

their responsibilities and entitlements

(continued on page 3)



ON THE MAP — Long-time friend of Fort Dix and key representative of the Employer Support of the Guard and Reserve program Nick Grand, right, listens to a poem written in his honor by Col. Rick Martin, Commander, 305th Air Mobility Wing, during a ceremony June 15 naming a street after him. Brig. Gen. Kip Self, commander, USAF Expeditionary Center and Col. Dave McNeil, commander, Fort Dix, also joined in the ceremony.

Cruisin' Delaware Bay

Cape May-Lewes Ferry rocks







and relaxed.

FIRST STATE - DIVINIng
across the majestic Delaware
etails at www.capemaylewesm or can phone (800) 643
by the photos by Steve Snyder

FIRST STATE - DIVINING
across the majestic Delaware

Memorial Bridge brings

visitors into the "First State"
that ratified the Constitution
of the United States.



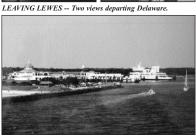
CROSSING THE BAY — Ships sailing from Lewes to Cape May, or vice versa, leave from either port about every 45 minutes during the summer season. Passengers departing in Delaware can visit nearby Rehoboth Beach or, a little further south, Ocean City in Maryland. Those touching down in New Jersey, of course, aren't too far from Atlantic City or some premier beaches on the East Coast.



SAVORING THE SEA — Sun-baked sybarites bask in rays and sea air during a crossing late Saturday from Lewes to Cape May. Civilians don't go to sea to suffer through a Spartan existence. Sun decks, bars, snack bars and the like add upholstery to nature's delights.







CAPE MAY TERMINAL -- Passengers arrive at Cape May eager to dive into the joys of the Garden State.

Off the cuff

"Where are you going for sumer vacation?"



Kimberly Henne
<u>Victim Advocate, ACS</u>
"We're taking a family vacation
to Vermont, Connecticut and New
York. Vermont and upstate New
York are just breathtaking, especially around the Lake Champlain
Burlington areas."



Pascual Flores
Public Affairs Office
"I'm going to San Diego to see
the kids. I've never been to
California and plan to visit the
Naval base there. As a former
ailor, I'd like to see how the Nay,
how changed over the vower."



Hannah McCarthy
Manpower officer, RMO
"The looking for a retirement
tome and Savannah (6a.) is on m
list. It's supposed to be a classic
example of Southern hospitality.
was disappointed in my old home
Alabama. It's just not the same."



Melodye Giovanni mager 305th Medical Melodye Giovanni
Manager 305th Medical
Group, McGuire AFB
"St. Martin in the Caribbean I
lived in Puerto Rico for four years
and my daughter is learning
French so the island should be a nice place to practice.

Arming for Korea

CONTEMPLATING NATURE — A passenger checks out a lighthouse in the harbor as the ferry leaves Lewes.



David Pond Willis, Post Photograher, Fort Dix, 1950

Fort Dix celebrates its 90th birthday next month and the post has tackled many missions over the years. In this photo from the basic training yearbook published at Fort Dix sometime in 1950, Soldiers from Co. E, 2nd Bn., 60th Inf. Reg., 9th Infantry Division, work to keep U.S. MIs in mint condition. General Patton called the MI rifle "the greatest battle implement ever devised" and they were used in World War II and the Korean War, which began June 25, 1950. At the outbreak of the Korean conflict, Fort Dix's mission was to conduct basic training for newly-enlisted troops, many of whom left here for combat in Korea.

the Post

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UNVEILING -- Brig. Gen. Kip Self, commander, USAF Expeditionary Center, Col. Dave McNeil, Fort Dix commander, and Col. Rick Martin, 305th Air Mobility Wing commander, assist Nick Grand in uncovering one of the signs naming the street in his honor.

Dix street named for Grand -



Army Community Service (ACS)

562-2767

Bldg. 5201, on the corner of 8th Street and Maryland Avenue

Hours of Operation:

Monday through Friday, 7:45 a.m. to 4:30 p.m.

*A Department of the Army Accredited Soldier and Family Service Organization

NEWSNOTES

Resume workshop offers marketing skills

Prepare yourself for that dream job! Fort Dix Army Com-Prepare yourselt for that dream joo! For DIX Army Com-munity Service in partnership with Burlington County Col-lege, Job Placement Office, is offering a resume workshop Monday, June 28 from 11:30 a.m. to 12:30 p.m. The class will be held in the Army Community Service Conference Room, Bildg. 5201 Maryland Ave. Register by calling Rod Martell, Army Community Service (609) 562-2186, or e-mail rod rodriguez-martell@us.army.mil. Seating is limited to 20 people. to 20 people.

101st Screaming Eagle veterans sought

The 101st Airborne Division Association, with headquar-ters at Fort Campbell, KY, is seeking "lost" Screaming Eagle veterans who served with the Division during its ongoing history from World War II to Iraq. With 8,500 members and 32 Chapters, including Eagles recently returned from a second tour in Iraq, the Association is a vibrant, dynamic organization.

Activities include the 62nd National Reunion in Omaha,

Activities include the 62nd National Reumon in Omaha, NE, August 8 - 11, and special programs to comfort our hospital wounded and assist today's Eaglest and their fami-lies. For further information, contact the Association at 32 Screaming Eagle Boatleward, PO Box 929, Fort Campbell, Screaming Eagle Boatleward, PO Box 929, Fort Campbell, cast net; check the website at http://www.screamingeagle. org, or call (931) 431-0199 ext. 35.

Self-Help Store relocated, hours expanded

The Fort Dix Self Help Store serves the directorates and tenant organizations on Fort Dix by providing a variety of doi-tyourself items to customers to include light bulbs, air filters, snow melt, gardening tools, and many other common items. Effective June 1, the Self Help Store will relocate across the street to building 5322 (behind DPW on Delaware Avenue) and expand the hours of operation to 8 a.m. to 4 p.m. Monday through Saturday, closed Sunday.

Black River & Western Railroad System steams up for Railroad Days

The Black River and Western Railroad system will host Railroad Days beginning today. through June 24.

On Friday, June 22, events will begin with a photo freight between Ringoes and Flemington. This train is perfect for railfans and anybody interested in spending an afternoon taking pictures of a variety of railroad equipment. The freight will include recently restored Pennsylvania Railroad equipment.

include recently restored Pennsylvania Railroad equipment. The freight win include recently restored Pennsylvania Railroad Company of the photo freight requires advance reservations. Call Marian LaRow at 908-79-7300 or email her at nlarowe@verizon.net* or information and reservations.

On Saturday and Sunday June 22-24, enjoy a passenger train or caboose train ride from Flemington to Ringoes, then tour the yard. At Ringoes yard we will feature several operating model train layouts, an 'open house' of our steam locomotive restoration project, a speeder display, a locomotive hom demonstration, and more.

Train tickets will be available at Ringoes and Flemington stations on a first come first serve basis on June 23-24. Visit www.brrht.org/milroaddays.html for the full train schedule, fares, and additional information. The Black River & Western Railroad System web site is www.brwrr.com

Need to know about veterans benefits? Head for Army Community Service June 28

Veterans are invited to a seminar loaded with guidance on how to get information on how to access VA Compensation/Benefits, medical and counseling services and financial grant assistance Thursday, June 28 from 6 to 7 p.m. The event will be held at Army Community Services, Bldg. 5201 Maryland Ave. Call 562-2767 for more information.

Rock n'roll with **Team Dix**

| test too, a Lego building contest and a giant prize – a 42" plasma TV (ideal for viewing 50s reto determine who can look most russ on TV Land or Nick-like Barbie and Ken, classic dells from the 50s who proved more animated than hippies a decade later.

A prize will also go to whoever has the guts to wear the neatest 50s outfit, and we look forward to poodle skirts.

There will be a dance con-tre!

test too, a Lego building contest and a giant prize – a 42" plasma TV (ideal for viewing 50s reto wise of sor viewing 50s reto vie

forward to poodle skirts. Driv There will be a dance con-ter!

United Communities Housing

Information
Leasing Office-723-4290
Maintenance Office-724-0500
Maintenance Scheduling, Progress, and
Trash Concerns - 724-0550
Desired Berger Collection Information Residential Refuse Collection

Mondays:

McGuire AFB, 3800s and 3900s

Tuesdays:

Tuesdays:
All of Fort Dix, including Quarters 201, 501 and 1900
Thursdays:
McGuire AFB, 4000s, 4400s and 4500s
Recyclables are picked up every
Thursday
Yard and garden waste is
picked up every Monday and Tuesday
PLEASE PUT TRASH OUT
ONLY ON SCHEDILLED DAYS ONLY ON SCHEDULED DAYS. HELP KEEP YOUR NEIGHBORHOOD CLEAN!



Jersey Guard Soldiers welcomed home





<u>Forty year dash</u>

Jay Schopp, the Fort Dix director of Resource Management, receives an honor for his 40th year of federal government service. He spent 20 years in the Army as a Soldier, 11 on Active Duty and nine in the Reserve, and has been working at Dix since 1979. He has been the director of Resource Management for the past director of Resource Management for the past three years and has been working in the Resource Management department since 1988.

Army launches new Iraq offensive

Army Launches new Iraq offensive

| WASHINGTON, June 19, 2007—The beginning of a new offensive targeting al Qaeda in the Iraqi city of Baqubah highlights recent operations reported by military officials in Iraq. Troops began Operation Arrowhead Ripper in Baqubah today, killing 22 insurgents in large-scale effort to eliminate the binuse and rushed toward large offent to eliminate the binuse and rushed toward large offent to eliminate the binuse and rushed toward large offent to eliminate the binuse and rushed toward large operations. As ground forces approached the binuse and rushed toward responsible for hijacking and an all questions to stops, and ground forces had engaged and silled the enemy fighters in and around Baqubah. About 10,000 Soldiers, which still in its opening stages. Elements of the 1st Cavalry Divison's 3rd Brigade Combia Team from Fort Hood, Texas, the 2nd Infantry Division's High galaction from Schofield Barracks, flowed as a sociate of senior al Queda in the Propose of the Schofield Barracks, flowed as a sociate of senior al Queda in the Propose of the Schofield Barracks, flowed as an integration center that will coordinate all activities in Diyala (including) the police, where the combat actions and operations bere is the newly formed Diyala Operations Center," Toops habbed three individuals as in the provise of the search operations and promote the propose of the law of the propose of the law of the propose of the law of the law of the propose of the law of

WDIX Channel 2

Tune in today for the latest information 24 hours a day, seven days a week

Soldiers tackle laundry list of training

Summer is nearly here and the troop surge is in full swing at Fort Dix. Traffic continues to escalate throughout the installation, and in the next few months more than 4,000 Soldiers will be on the ground training for various Global War on Terrorism missions.

Dix trains Soldiers for a

ism missions.

Dix trains Soldiers for a plethora of tasks, including detainee operations, convoy training, and security forces missions, just to name a few. Each unit that comes to the installation goes through the general instruction the post offers and then focuses on preparing the Soldiers for their special-

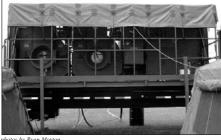


and then focuses on preparing the Soldiers for their specialized unit tasks.

The 275th Quartermaster Company just completed the Army Training Evaluation Program, or ARTEP, where they participated in training based on what their primary taskings will be in their theater of operations. The ARTEP represents the final mission-essential preparations a unit undergoes before deployment.

In this case, the 275th QM Co. performed the duties of cleaning service, running several laundry loads. This quartermaster unit, a part of the Army Reserve hailing from Blackstone, Va., will be responsible for, among other things, doing the laundry, trunning the water in the showers, and taloring the uniforms for thousands of Soldiers in various areas of combat operations.

They are comprised of many Military Occupational Specialties, or MOSs, such as showeral lists, mechanics, and competed the complete of the proportion of the proportio



photos by Ryan Morton



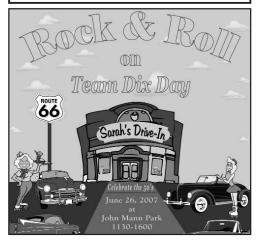


photos by Ryan Morto

Crawl, walk, run

Instructors from the Fort Dix Noncommissioned Officer Academy, including Staff Sgt. Miguel Castillo and Staff Sgt. Timothy Forbes, below, put on a demonstration for students in the academy's Warrior Leader Course. The students are given the opportunity to see how to properly perform a task before being asked to do so themselves.





Bosslift shows off mission

Eat (MREs). After a few short safety instructions on how to the complex and saw more use the heater bags, lunch training as role-players was on.

The employers first tentatively, then voraciously, tore into the MREs, comparing favorites and techniques with the Soldiers. The visitors next moved to firing ranges with the Soldiers. The visitors next moved to the Mobile Military Operations in Urban Terrain site. There, they got a close-up dry a weapon, and to the Mobile Military Operations in Urban Terrain site.

There, they got a close-up dry day, "a weapon, and the mock village and hunted mock village and hunted mock village and hunted with the local sheik."

The last stop of the day diers do."

(continued from page 1) was the Forward Operating Eat (MREs). After a few short Base, where visitors toured safety instructions on how to the complex and saw more



ENLIGHTENING EVENT — Maj. Gen William Terpeluk, commanding general, 77th Regional Readiness Command, far left, 70fters some shooting tips to Sherri Motzel, Terpeluk's supervisor at Merck Pharmaceuticals where he works as a civilian. Sgt. Rodney Gresham, a Small Arms Readiness Group instructor, above left, assists Lou Santoro, Tri-Mountain Builders, Durham, Conn., during a weapon-simulation demonstration. Spc. Peter Wilson, 1079th Garrison Support Unit, near right, shows his civilian employer Michael Dinardi from Midco Waste Systems the power source of an Army Humvee. Soldiers of Third Squad, 1st Platoon, Delta Company of the 1st Battalion, 175 Infantry, below, talk to employers about their military commitment for the Global War on Terrorism during Bosslift '07 at Fort Dix June 15.







NEIGHBORHOO

THE CORNER

AAFES to open new shoppette in June

shoppette in June

AAFES will be opening a new
Shoppette on McGuire in June.
Within the facility will be a Godfathers Pizza, which we suspect
will do a domining bosiness.
Will do a dominin

To apply, visit w w w . a a f e s . c o m http://www.aafes.com/ and click the employment link.

Resume workshop coming to ACS

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Register by calling Rod Martell at 562:218 for sending e-mail to rod.rodriguez-martell@us.ammy.mil. Seating is limited to 20 people.

Trenton Thunder offers discount to military

discount to military

The Trenton Vet Center and
Trenton Thunder baseball team
are offering baseball tickets at a
reduced rate for active-duty, Reserve and National Guard serve
members, and retirees. Regular
510 tickets will be offered at 87
for veterans and their families. Be
sure to bring a picture ID, plus
either a military ID, Federal Denorment of Veterans A ffairs ther a military ID, Federal De-partment of Veterans Affairs medical ID, or DD Form 214.

Garden Terrace 1100 Area fencing to begin July 2

Jencing to negar stay 2 Beginning July 2, the Garden Terrace 1100 Area will be fenced off to become part of the Garden Terrace construction area. No families will be residing in the 1100 Area when this change

occurs.

The additional fencing will not affect access to any other portion of Fort Dix. Access to the Fort Dix Youth Center and the Garden Terrace 1200, 1500, and 1600 housing areas will continue to be via West 10th Street off of New Jersey Avenue. Access to the Fort Dix Elementary School and the Juliustown Road beckpoint will continue to be via West 10th Street off of New Jersey Avenue. The portion of Juliustown Road between Montpler Street and West 10th Street will be the property of the Juliustown Road between Montpler Street and West 10th Street Avenue 10

try to meld convenience to neigh-boring residents with the safety and performance of construction activities.

USO continues tradition of service

Wayne Cook Public Affairs Staff

When one thinks of the USO (United Service Organizations), memories of Bob Hope, Marilyn Molfroe, Lee Greenwood, Tody Keith and others visting the troops during USO. In the troops of the Town one to mind.

However, this venerable organization and their troops. If has a very long and the troops in the troops. If has a very long and the troops in the troops. If has a very long and the troops in the troops. If has a very long and the troops in the troops will be the troops will be troops and the troops will be troops and the troops will be troops and the troops and troops and the troops and troops and the troops a

Train event coming to Flemington

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Train tickets will be available at Ringoes and Flemington stations on a first-come, first-served basis June 23-24.

Visit www.brth.tog/railroad.

Visit www.brrht.org/railroad-days.html for the rull train schedule, fares, and additional information. The Black River and Western Railroad System Web site is www.brwrr.com



Kryn P. Westhoven, Department of Military and Veterans Affairs Public Affair.

Guard celebrates diversity

Spc. Jacqueline Rivera-Buie is serenaded as a member of the Red Hawk Indian Dancers plays a traditional wooden flute during the National Guard Unity Day held at the Joint Training and Training Development Center on June 14. Team Dix and McGuire Air Force Base organizations joined in the Guard event to celebrate diversity in the military.

Gypsy Moth defoliation preventable

Each spring, they can be found almost everywhere you look. They are squirmy, fuzzy, multi-legged crit-ters that seem to materialize from almost thin air, and they have raven-

almost thin air, and they have ravenous appetites. They are gypsy mothin and indigenous to the United States. It was brought to
this country in 1869 in a failed
attempt to begin a silkworm industry,
It escaped captivity the first chance it
got and has since been a major pest
throughout the northeastern states and
the southeastern provinces of Canada.
South Jersey has taken a particularly rough beating from the gypsy
moth caterpillar during recent years.
The moth is not a very picky eater.
Although it has a preference for the
leaves of the deciduous hardwood
trees such as maple, elim, and espe-

South Jersey has taken a particularly rough beating from the groups and the last six sections, red spots and the last six set loads done and from the ground the caterpillars are the love to should done has been done. There is the doubt done has been done. There is thought done has been done. There is the doubt done has been done. There



Gypsy Moth Caterpillar

concerns, aerial spraying is not really a viable option," he added.

It is possible to combat the gypsy moth at the egg, larval (caterpillar) and adult moth stages.

Egg masses appear as one-and-ahalf inch tan or buff colored hairs on

Legi infascis appear as binevancies and inchemical market nor buff colored hairs on tree trunks, outdoor furniture or the sides of buildings. When discovered, the sides of buildings. When discovered, the sides of the sides of

ILITARY MATTERS

Bullets

History free-of-charge July 4 at Philly's Franklin Institute

PHILADELPHIA - The Franklin Institute in Philadel-phia is offering free admission to all active and retired mili-tary personnel and their families July 4. This includes I Franklin Institute permanent exhibits, Fels Planetarium and

by Bike.

Other discounted events will also be offered that day for

Other discounted events will also be offered that day for active and retired military personnel and their families. Those interested should present their valid military ID card at the box office. The institute is located at the corner of 20th Street and the Ben Franklin Parkway, and is open from 9 a.m. to 5 p.m. For more information, call (215) 448-1200 or visit www.fi.edu.

New behavioral health Web site offers troops, families answers

• WASHINGTON -- What exactly is a Post-Deployment Health Reassessment? Where can I get help for my spouse who is having nightmares about experiences in combat? My buddy said he's thinking about committing suicide, what

should I do?

Such questions come to the fore when Soldiers must deal with the stress of war. Now there is a new source for quick

with the stress of war. Now there is a new source for quick access to answers.

A new World Wide Web site – http://www.behavioral-health.army.mil – provides information for Soldiers, their families and other interested members of the public.

Topics include behavioral-health needs before, during and after deployments; pre- and post-deployment health assessments; posttraumatic stress disorder; suicide prevention; Battlemind training; and resources where Soldiers and families can get help. Links and points of contact are provided for additional information.

can get help. Links and points of contact are provided for additional information.
"Although many Web sites have information relevant to behavioral health in general, not many are relevant to Army personnel," said Col. Elspeth C. Ritchie, psychiatry consult-ant to the Army Surgoon General. "We created a portal where people can find relevant and reliable information about behavioral-health needs specific to the Army."
Fifteen to 30 percent of Soldiers returning from Iraq expe-rience posttraumatic stress symptoms or other mental-health symptoms.

Fifteen to 30 percent of Soldiers returning from Iraq experience postraumatic stress symptoms or other mental-health symptoms.

This is not unusual after combat. Recognizing and treating these symptoms early is key to preventing them from becoming a disorder such as postraumatic stress disorder.

From the new site's front page, people can navigate quickly to pages for news about military behavioral-health issues, frequently asked questions or other sources of information. A page labeled "Get Answers" will allow people to submit specific questions to be answered by experts.

Other links from the front page lead to pages where information is gathered for groups of people with common interests – Soldiers, couples, children, extended families, National Guard, Army Reserve or behavioral-health providers. "It is for Soldiers and their families not just the nuclear families, but also members of extended families who may not be military healthcare beneficiaries, but can access the Web site. Riche said with the search, Battlemind training or the assessments and reassessments the Army conducts to detect health problems for deploying and redeploying Soldiers.

Some of the tools available will help families recognize symptoms of stress disorders, and help parents explain deployments to children of various ages. Army programs to help — such as the deployment assessments and Battlemind training, which teaches Soldiers how to improve resiliency and mitigate stress – are explained.

Ritchie said specific information for unit commanders will be added to the site, and other additions are being made to adjust to changing needs of Soldiers and their families.

be added to the site, and other additions are being made to adjust to changing needs of Soldiers and their families.

Pair of Food Network programs to highlight Forts Hamilton, Dix

■ FORT HAMILTON, N.Y., June 13, 2007 - The savory aroma of cedar plank salmon, fire roasted red pepper soup and other gournet meals tantalized Fort Hamilton guests as Chef Emeril Lagasse presented winners of the "Emeril Live" Military Cookoff April 6 at the Chelsea Market in Manhattan. The 60-minute show will air 8 pm. June 20 on the Food Network, and will feature three Army and Navy winners of Emeril's Military Recipe Contest. The contest attracted hundreds of entries from servicemembers as far away as Kuwait and South Korea.

Emerit's Military Recipe Contest. The contest attracted hundreds of entries from servicemembers as far away as Kuwait and South Korea.

The program will be followed at 8 p.m. June 30 by "Emerit's Military Contest" show, showcasing the talents of U.S. Air Force, Marines and Coast Guard military cookfoff winners.

Chef Lagasse, a French-Portuguese American born in Massachusetts who specializes in Cajun and Croele cooking, said he focused on the military because of the respect he has for the armed forces.

"The show was really fun," said Spc. Jessenia Oyola, one of five Soldiers from the Fort Hamilton-based Joint Task Force Empire Shield MTA who sat a few rows from the stage as flavors filled the air." Had never been to a TV show before and was surprised by the energy that went into it." What impressed another Soldier was Emerit's sincrity. "What impressed another Soldier was Emerit's sincrity." Emerit didn't just cook winning entries his way. He asked advice from the winners and joked with them as they instructed him how to prepare their recipes, said Airman 1st Class Justine Roach from McGuire Air Force Base.

The Army winner was Warrant Officer 4 Travis Smith of the 19th Expeditionary Sustainment Command in South Korea.

"We're thrilled. This is a great event that gives the military winners."

Korea.

"We're thrilled. This is a great event that gives the military some positive exposure," said Smith, who coached the popular chef as he prepared his winning recipe. "I'm proud to be part of it."

laf ener as he prepared his warms, exception of it.

The second Food Network program to highlight the military will premier 9 p.m. June 24. "The Next Food Network rows and the properties of th



SAFE BALANCE -- Sgt. Nelson Vazquez, Joint Task Force Port Opening, Fort Dix, loads his Pallet Loading System (PLS) Vehicle aboard a C-17 aircraft, above and below, with guidance from Airmen with the 6th Aerosquadron as part of joint Army and Air Force training June 14.

Joint Task Force Joint Opening preps for humanitarian missions

David Moore Public Affairs Staff

If Soldiers and Airmen from Fort Dix and McGuire AFB were called on to support humanitarian aid missions such as another Hurricane Katrina or tsunami around the world, the personnel must know their executations and to text the support of the supp

tsunami around the world, the personnel must know their expectations and to get their required training.

Mobilized Soldiers of the Joint Task Force Port Opening, mobilized at Fort Dix, spent June 14 loading their Palletized Loading System (PLS) wehicle on and off a McGuire AFB 305% Air Mobility Wing C-17 Globemaster, in the event they are called on with their Air Force counterparts to move massive amounts of equipment and aid into places suffering from a natural disaster.

"What we would do is set up or even repair an existing run-way. Then we would do is set up or even repair an existing run-way. Then we need to get folks to get the material off the run-way to where it needs to go. The JTF may find themselves doing just that," Tech Sgt. Jeffey Platt.

Square and the point training opportunity, said.

The training involving

arranged the joint training op-portunity, said.

The training, involving about 50 members of the JTF, was also opened up to Airmen of McGuire AFB's 621st Con-tingency Response Wing and 6° Airliff Squadron, who may take on the mission of repair-ing and opening up a new rum-way possibly an austerer environment.

vironment. While the C-17 Globemaster While the C-17 (Globemaster has the ability to load all of the Army's transportable equipment, the challenges for Solders and Airmen alike that day was to get the Army's tactical five-axle truck and three-axle trailer combinations in the right place and secured for flight on the aircraft.

place and secured for flight on the aircraft.

The appearance of the operation appeared to offer plenty of aircraft space for the 33-ton gross capacity truck and trailer combination to fit. But the ability to move it on the aircraft and six to the aircraft and airc

get proficient using a real world training scenario and come out and do it," Sgt. Rafael Ro-drigues, of the JTF, said.





Soldiers thirst for liquid logistics exercise

Fascual Flores
Public Affairs Staff

Approximately 270 Soldiers from the 99th Regional Readiness Command converged on Fort Dix for their annual training exercise.

Soldiers participating in the processing of fuel and minor training accident poperating, the other providing water for drinking and the washing of clothes and body. Providing real-world training in the processing of fuel and water, Soldiers from the 14th and 475th Quartermaster's Companies, 298th and 630th Transportation Companies, awell as Soldiers from the 14th and 475th Quartermaster's Companies, 298th and 630th Transportation Companies, awell as Soldiers from the 475th QM operated around the growth of the clock pushing fuel to promise their expertise to Fort Dix. Content of the providence of t





GO WITH THE FLOW — Private 1st Class Andrew Wilhelm of the 475th Quartermaster Group, above, removes fuel from a tanker during the Quartermaster Liquid Logistics Exercise (QLLEX) at Fort Dix. contractor, left, fills a water tanker in support of the annual exercise.



PURE AS THE DRIVEN SNOW — Spc. Christina Stevens, 14th Quartermaster Detachment, left, explains the dials and gauges involved in operating the Reverse Osmosis Water Purification Unit (ROWPU). The ROWPU, above, is connected to a 3,000-gallon water bladder filled with water cleaned by the unit.





It's good to be the King

It's good to

Capt. Benjamin King, above left, accepts the unit guidon from Li.
Col. Joseph Chrirco, commander, Mobilization Readiness Battalion, during a change-of-command ceremony for Bravo Company June 14. Passing of the guidon symbolizes the transferral of command responsibility from the outgoing commander to the incoming commander, Maj. Ana Callahan, outgoing commander, Maj. Ana Callahan, outgoing commander, Bravo Company, far right, receives a college of photos from a representative of the USO and Ventum Veterans of America N.J. Chapter 899. Callahan is moving on to an is moving on to an assignment in Iraq.





nnouncements



Schedule Movie Hotline 754-5139

Friday, June 22 @ 7:30 p.m.
28 Weeks Later - Robert Carlyle, Rose Byrne, Jeremy Renner, Harold Perrineau, Jr., Catherine McCornack - Six months have passed since the rage virus has annihilated the British Isles. The U.S. Army declares that the war against infection has been won, and that the reconstruction of the country can begin. As the first wave of refugees return, a family is reunit-ed-but one of them unwittingly carries a terrible secret. The virus is not yet dead, and this time-showing no outward symptoms--it is more dangerous than ever.

MPAA Rating: R - strong violence and gore, language and some sexuality/nudity

Run time: 91 minutes

Saturday, June 23 @ 7:30 p.m.

SaturGay, June 2.5 @ 7:30 p.m.
The Condemned - "Stone Cold" Steve Austin,
Robert Mammone, Victoria Mussett, Manu
Bennett, Mauleliene West - Jack Conrad (Steve
Austin) is a death-row immate awaiting execution in a Central American jail when a TV producer buys him and takes him to a remote
island. There, Jack and nine other prisoners
learn they are to fight each other to the death,
with freedom as the prize for the sole survivor.
The producer plans to broadcast the event live
and uncensored over the Internet.

MPAA Rating: R - pervasive strong brutal violence, and for language

Future Features...

Bug Friday, June 29 @ 7:30 p.m.

R. 107 minute Shrek the Third

Saturday, June 30 @ 7:30 p.m. PG, 93 minutes.

Main Chapel

562-2020 Sunday Services

Protestant at 9 a.m.
Catholic Mass at 10:15 a.m. Gospel at 11:30

a.m.

Catholic CCD is held at 9:15 a.m.

Effective 7 June Catholic Mass will be celebrated in the Main Chapel at 1230 every Wednesday, Thursday, and Friday through Thursday, 9 Aug. 2007

Protestant-Gospel Sunday School at 10:00

Religious Services

Islamic Prayer room open 7 a.m. to 4:30 p.m. Monday through Friday - Room 24

Adult Bible Study Wednesdays at noon and 7 p.m.

Catholic Adult Bible Study - Sundays, 11:30

Christian Women of the Chapel hold a Bible Study - Tuesdays, 9:30 a.m. to noon

Christian Men of the Chapel hold a Prayer Breakfast - Fourth Saturday of each month, 9:00 a.m. to 11:00 a.m.

Youth of the Chapel Every second and fourth Tuesday - 7:00 p.m. to 9 p.m.

Jewish Services Contact the Chapel for dates and time

Vacation Bible School

June 25 - 29

9:00 a.m. to noon Ages 4 to 12

Registration forms available at the chapel or by calling 562-2020

e e recenerar Volunteers are needed

for
Fort Dix Special Observances

Committees Martin Luther King Jr. Birthday Black History Month Women's History Month Holocaust Remembrance Day Asian Pacific Heritage Month Women's Equality Day Hispanic Heritage Month ative American Heritage Month For more information call Denise Horton at 562-4011

Army Community Service Bldg. 5201, 562-2767

June 26 **Hearts Apart**

10 a.m. to 1 p.m.

Army Community Service

June 28 EFMP Kidz-Plus Swimming 5:30 p.m. to 6:45 p.m. Indoor Pool

Know Your Benefits

6 p.m. to 7 p.m. Army Community Service

June 29 International Spouse Group 11:45 a.m. to 1 p.m. Army Community Service

Youth Center

Bldg. 1279 Locust Street 562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours: Tuesday - Friday noon to 6 p.m.

June Schedule

Mondays - Fridays Power Hour

2 - 4:30 p.m Computer Lab

Tuesdays SMART Start 3:45 - 4:45 p.m.

Wednesdays

Sports and Fitness 3:35 - 4:45 p.m.

Thursdays

Tech Club 3:45 - 4:45 p.m.

Fridays

Arts and Crafts 3:45 - 4:45 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

McGuire AFB

Family Advocacy Program 754-9680

July Schedule

Play Groups Mondays Toddlers

Wednesdays

Child Development Center #1 11 a.m. - 12:30 p.m. No Play Groups July 4

The More the Merrier: Playgroup for Multiples

first Friday of the month PAX terminal

Anger Management last three Fridays of the month Health and Wellness Center

July 13

Pregnancy 101 2 p.m. to 4 p.m. 305th Medical Group, 2nd Floor, Re-

Must sign up prior to event to attend

July 14

Virtual Memorial Hospital Mount Holly

For information and registration call 754-9680

Family Advocacy 562-5200

American Red Cross 562-2258

DRILIZATION

NEW/CAN U/E

Post Shuttle Bus 562-5888

Monday to Sunday -- 7 a.m. to 10 p.m. During the day Starr Tour buses are used, in evening the military Bluebird buses are run

Dix Shoppette/Class Six/

Gas Station 723-0044 Bldg. 5359, Texas Ave. Monday to Friday - 6 a.m. to 10 p.m. Weekends - 7 a.m. to 10 p.m.

BX/PX & Mall 723-6100

Monday to Thursday - 10 a.m. to 8 p.m. Friday and Saturday - 8:30 a.m. to 8 p.m. Sunday - 10 a.m. to 6 p.m.

Commissary 754-4154

Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales Store-Alterations

723-2307 Bldg. 5601, Texas Ave. Monday to Saturday 10 a.m. to 5:30 p.m. Sunday - Closed.

Firestone
723-0464
Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

Recreation Center 562-4956

S62-4956
Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

Fort DIx Post Office
723-1541
6038 West 9th St.
Monday to Friday - 8:30 a.m. to 4:30 p.m.
Saturday - 9:00 a.m. to noon
Lobby hours
Monday to Friday 7:00 a.m. to 7:00 p.m.

Burger King

Burger King
73-8937
Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.
Sunday 7 a.m. to 8 p.m.
McGuire Gas Station
723-4705
East Arnold Avenue by th 24-hour gate
Monday to Friday - 6-30 a.m. to 7 p.m.
Saturday - 9 a.m. to 7 p.m.
Sunday - 9 a.m. to 6 p.m.
Spouses' Club Thrift Shop
723-2683
Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m.
to 2 p.m.
Dining Facilities

Dining Facilities
Bldgs. 5640 and 5986
Mon - Sun 6:00 to 7:30 Breakfast

Mon - Sun 11:30 a.m.to

Mon - Sun 4:30 to 6:00

p.m.

Outdoor Recreation
562-6667

Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snow-boards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more. Monday to Friday 10 a.m. - 5 p.m. Saturday 4 p.m.

Java Cafe and Computer Lab @Club Dix 723-3272 Monday - Friday - 7 a.m.. to 10:00 p.m. Saturday-Sunday -Closed.

McGuire Shoppette

723-4705 233-4705

East Arnold Avenue by the 24-hour gate

Monday to Thursday - 6:30 a.m. to 9 p.m.

Friday -- 6:30 a.m. to 7 p.m.

Saturday -- 9 a.m. to 10 p.m.

Sunday -- 9 a.m. to 7 p.m.

Club Dix

Club Dix
723-3272
Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.
Revolutions Lounge
Opens 4:30 p.m. Tuesday to Sunday
Karaoke every Thursday at 8 p.m.





Rvan Morte

Training to standard

Staff Sgt. Tim Esterheld, 378th Military Intelligence Battalion, Army Reserve, left, participates in his unit's Army Training Evaluation Program (ARTEP) under the watchful eye of Master Sgt. Julian Jenkins, observer controller/trainer, 72nd Field Artillery Brigade.

First Army trains mobilizing Guard, Reserve Soldiers on counterinsurgency doctrine

"Insurgencies in Iraq and fghanistan were not the

"We learned to inject leadership skills and confidence in
the Iraqis, coaching and influencing them to step up to the
plate to handle their own missions," said Maj. Justin Fiew,
recent COIN CFE graduate
and S-3, First Army, 205t
Infantry Brigade, Camp Atterbury, Ind.

First Army's top NCO becomes senior enlisted advisor in Iraq

Sgt. 1st Class Gwendolyn Coley Army News Service

When Command Sgt.
Maj. Marvin Hill became
First Army's top NCO in
2005, he succeeded Jeffrey J.
Wellinger, who had become
the senior enlisted adviser
for Multi-National Force —

q. Now, as Hill prepares for Now, as Hill prepares for deployment in Iraq, First Army's top NCO will again become the senior enlisted adviser of MNF-Iraq, which is divided into its major areas of responsibility maintained by forces from 26 countries.

"The fact that two First Army command sergeants" – as well as back home," said the service of the

drivided into six major areas of responsibility maintained by forces from 26 countries.

"The fact that two First Army command sergeants major in a row have left this command to take over the top the seems of the



National Guard and Army Reserve forces," he said. "It rounded me out as a Soldier and senior leader. I am sure that my predecessor can attest to the same."

As First Army's com-

As First Army's com-mand sergeant major, Hill said that one of his major challenges has been getting the rest of the Army to under-stand the importance of First Army's mission of providing proficiency training to deploying Soldiers and units to ensure they are prepared for combat.

To ensure they are prepared for combat.

"Command Sgt. Maj. Hill's first thought is taking care of Soldiers," said Lt. Gen. Russel Honoré, First Army commander and Hill's boss since 2005.

Team Dix pays tribute to Old Glory

Fort Dix Soldiers and civilians, below, honor the U.S. Flag during Retreat June 14. Retreat is a daily ceremony held as the U.S. Flag is lowered at the end of the work day. The origin of this ceremony is very obscure, but there is no doubt that it was one of the earliest to be instituted in the Army. was one of the earliest to be instituted in the Army. In olden times, when the hours of darkness meant a cessation of hostilities until the following day, the object of the call was to collect and post the necessary guards for the camp, garrison, etc., for the night. It was also a warning for those outside the camp or garrison to retire or they would be kept outside for the night.



Walson Medical Element gets new commander



Strategic Studies from the Army War College.
Her awards include a Bronze Star Medal and six Meritorious Service Medals.

Sports Shorts

Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

The Griffith Field House will be open 6 a.m. - 1 p.m. June 26 because of Team Dix Day.

Junior Golf

Golf lessons will be offered to kids 4-17 at the Fort Dix Golf Course. Starting June 25 at 4 p.m., junior golfers will attend a one-week course. Cost is \$60 per student. Families with more than one student will pay \$30 per stu-

dent.
For more information, call 562-2166.

Youth Sports registration

Tr's time to get ready for some football!
Youth Sports will be holding football and cheerleading registration May 1 - July 27.
An annual registration fee of \$18 is required, along with a fee of \$80 for football or \$50 for cheerleading.
Participants must be registered with Child Youth Services.
Call \$62-4702 or \$62-5231 for more information.

Golf Classic Scramble

The American Society of Military Comp-trollers is presenting the Jersey Devil Chapter Annual Scholarship Fund Golf Classic

Scramble.
The event will be Monday, July 9 at the McGuire Golf Course.
Cost for the event is \$60 and includes green fees, cart, prizes, lunch and drinks. Money is due by July 3.
Call 732-427-3835 for more information.

Outdoor Recreation

Griduotr Recreation
Get outside and enjoy the weather with a trip with Outdoor Rec.

July 7

Dolphin watching
Cost: Adult \$45

Children \$30

July 14-15

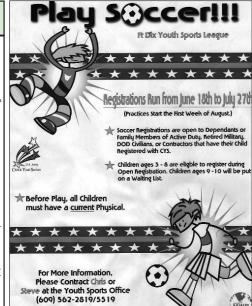
Canoe/Kayak & camp
Cost: \$45

July 18

Rock Climbing Rock Climbing Rock Climbing
Cost: Adult \$35
Children \$25
July 20
Blue Fishing
Cost: Adult \$55
Children \$40

Local speedway offers discount

Once again New Egyst Epeedway is offer-ing a discount off the price of an adult admis-sion ticket to all active duty military personnel and their spouses, with proper ID. For more info call (609) 758-1900 or visit the track's website at www.newegyptspeed-way.net.



Sox stay on hot streak, win championship

Teams like to be on the upswing as the head into the playoffs. The Fort Dix Red Sox have been putting it all together for the past couple of weeks,

and were peaking just as the playoffs were getting started.

"We finished the regular season in Second place with a 9-7 record. We finished with a 9-7 reco

streak as the playoffs started Kyle Kerr each pitching three innings, the Red Sox beat the Giants 3-1 in the first playoff game.

"Antione Wilson had the game winning RBI and Michael McCoy scored the go ahead run," said Uzleber after the Astros. The Red Sox (bat 9-4), the Red Sox continue their winning ways had some young players step up to contribute to the team's success," said Uzleber after the Astros. The Red Sox (bat 9-4), the Red Sox (bat 9-4), the said the Cach.

"We had some young players step up to contribute to the team's success," said Uzleber after the Astros. The Red Sox (bat 9-4), the said to Each winning the Sox (Can be attributed to their playoffs. Brandon Cromwell, said the coach.

Before setting their sites on the championship game, the team regrouped and faced off against their next opponent. Regaining their winning ways wouldn't be easy. Their opponent in the loser round was the top-seeded Cubs.

The Sox were up to the challenge, beating the Cubs 18-6. Now it was on to the final round. If the Red Sox continue their winning ways to set playoff Lampionship, be eating the first was the said to be the Astros twice to win, said Uzleber.

"The playoffs is a double with the playoffs. Brandon Cromwell, playoffs and Uzleber.

"The playoffs is a double with the playoffs. Brandon Cromwell, and would a lot to help the team win. My only regret was mich and the playoffs. Brandon Cromwell, and the playoffs. Brandon Cromwell, season and played together as a team, winning is their reward, as the playoffs. Brandon Cromwell, or the playoffs. Brandon Cromwell, or the playoffs. Brandon Cromwell, and would a lot to help the team win. My only regret was season and played together as a team, winning is their reward, as the playoffs. Brandon Cromwell, or the playoffs. Brandon



FCI rebounds for dramatic win in final game

CHAMPS — The Fort Dix Red Sox started coming on strong near the end of the season, and put it all together in time for the playoffs. The team was rewarded for their effort by winning the championship, Michael Sifford, left, was awarded the game ball for his efforts behind the plate as catcher. Brandon Cromwell, above left, hit a grand-slam to help his team to a 20-1 victory over the Cubs during the playoffs. Cromwell wasn't the only power hitter, as Felipe Hernandez, hit a three-run home run in the same game. Kyle Kerr, above, split pitching duty with Hernandez during the championship run.

photos by Ed Mingi







CLOSE CALL -- Mike Marchesy tried to spark his team for a comeback his team for a comeback with some aggressive base running, sliding into second just ahead of the tag from Steel Angel's Mike Lipsy. The championship went down to the wire, with FCI barely edging out Steel Angel, at left, to win the final game 14-13.



<u>Cup winners</u>

The June 13 Commander's Cup was won by the team of Bud Morgan, Lois Sickles, Mike Friedman and Mike Toner, pictured above with the club-pro Bill Lyons.